The Caldwell Fellows

July 2025 News & Updates

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Caldwell Fellows on the 2025 Wilderness Expedition.

Alumni Involvement Opportunities

Being a Caldwell Fellow is a lifelong journey. We have been hearing requests for an increase in the offering of impactful experiences in leadership development in the company of this fine community. Read more below about upcoming opportunities.



June Caldwell Connect in Winston-Salem.

Caldwell Connect: Regional Gatherings

When asked why she came to a recent gathering in Winston-Salem, an alum from the class of 2023 replied: "Honestly, Caldwell has given me so much over the years that it's hard not to come back when the opportunity arises. What made it even easier was knowing that Caldwell has always fostered such a supportive and welcoming environment—it really helped ease any nerves I had about possibly not knowing anyone. I went with the intention of connecting with others, and it truly didn't disappoint. I had the chance to meet so many interesting alumni, and the encouragement and warmth I received for my future endeavors in medical school were incredibly heartening."

Upcoming gatherings:

Raleigh Wednesday, July 30 5:30 - 7:30 Lakeside at Park Alumni Center

Join us for conversation and whatever libations suit your fancy (non-drinkers equally welcome!) We'd love to know you are coming. RSVP using the link below.

RSVP for Raleigh here

New York City: Friday, August 29 at Clinton Hall 51 (230 E 51st St, New York, NY 10022) at 6:00 PM.

A group of current Fellows, along with Janice and Chester, are coming to NYC over Labor Day weekend! NYC area folks, please join us. We'll gather at Clinton Hall for appetizers and around 7:15, (for those who want more) break into small dinner groups to nearby restaurants. with a smattering each of students and alums. Watch for a registration form forthcoming.

Other gatherings on the horizon:

- Greensboro Sunday evening, October 12
- **Asheville** -Thursday evening, October 16

Interested in a Caldwell Connect event for your area? Reach out to: <u>Anne Powers</u> or <u>Janice</u> Odom.

More ways to get involved...

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Coaching Certification: Invitation to Apply



Our 2025 class of Caldwell alumni coaches pictured left to right: Theresa Freeman '85, Molly Binder '09, Mark Calloway '80, Lauren Welch '04, and Susan Brooks '90.

Professional coaching as a tool for Fellows' development began 15 years ago when Janice engaged Triangle area executive coaches to serve our students. To sustain coaching within our leadership curriculum, we began supporting coaching certification for alumni—an investment in lifelong leadership excellence.

Transformation Edge Coaching is our training partner. Their 10-month curriculum results in International Coach Federation (ICF) certification. Caldwell Fellows subsidizes up to half the cost for alumni committed to integrating coaching into their leadership toolkit and pledging at least three years to coach our junior Fellows. (Note: you don't have to be in Raleigh—sessions may be virtual.)

Alumni coach Rajan Singh (2017) captured the program's impact: "The methodology of professional coaching is something I turn on or off for my sessions, but the coaching skills have permeated my life, positively impacting my interactions with others on a daily basis. Many coaching skills are the basics we learn in life: showing empathy, actively listening, remaining attentive to emotions, or exploring assumptions. But the training program and subsequent practice of coaching has propelled me from good to great, subtly improving my relationships with those around me along the way."

Application Window Now Open

We're accepting expressions of interest for the next coaching certification cohort beginning in September. Here are details of the training schedule and requirements: <u>Transformation Edge</u>

Coaching

To indicate interest, email <u>Janice Odom</u> by August 15 with:

- Statement outlining your interest and goals
- Commitment to complete training and serve the program
- Portion of total cost (\$10,000) you can fund

Fourteen alumni plus Janice have earned coaching certification through this initiative.

Coaching vs. Mentoring

Coaching (ICF definition): "Partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential." Junior Fellows are matched with professional coaches focusing on self-understanding and maximizing potential.

Mentoring focuses on career development. We're adding CCL-led mentor training—a 6-hour virtual program for up to 24 alumni who will serve senior Fellows during their transition to professional life.

Mentor training sign up is coming in August.



Caldwell Dinner Seminars

Monthly dinner seminars are made richer by those around the table. <u>This year, we are inviting alumni to the table</u>. Dinner seminars are on Sunday evenings, 5 - 7 pm. RSVP below to select a date you'd like to attend for the Fall semester. Our Fall 2025 dates are September 21, October 19, November 16. We will launch sign up for our Spring dinners, January 11, and March 8, later in the year.

Register for dinner

Selection & Alumni Weekend: February 20 - 22, 2026.

For more details visit https://caldwellfellows.ncsu.edu/the-alumni-experience/



Walk the Camino de Santiago

May 11 - 26, 2026

Next May we will take our fourth group of current Fellows on the historic pilgrimage to Santiago de Compostela. For the first time, we are adding a parallel trip for alumni.

We will begin in Porto, Portugal, and trek over 160 miles to the destination of Santiago, Spain.

Email <u>Chester</u> if you are interested in participating.

Our travel partner "Camino Ways" handles housing, meals and luggage transport each day. We invite you to learn more through joining one of **two virtual information sessions. Zoom registration is required to attend these events. Register using the hyperlinked dates below.**

- July 9 at 7 PM
- July 31 at 8 PM

Stories of Impact

Caldwell Fellows Alumni Servant Leaders at NC State

NC State University shares a special bond with the Caldwell Fellows program, as over 20 faculty and staff members are former Fellows themselves. These alumni continue to embody the principles of servant leadership in their daily work, carrying forward the program's core values. Through the experiences of Lisa Bullard, Med Byrd, Lauren Welch, and Lexi DeFalco, we see how the Caldwell Fellows program shapes students and future university leaders.

Read more

Introducing Our New Student Stories

We are pleased to announce the launch of our Student Stories webpage, a new digital repository showcasing how our Fellows integrate experiential learning with principled reflection.

Through detailed written reflections, our Fellows examine how their diverse experiential learning opportunities have impacted the development of their character, openness to learning, and sense of purpose as servant leaders. We invite you to explore these scholarly reflections at caldwellfellows.ncsu.edu/student-stories to better understand how experiential learning, a central practice of The Caldwell Fellows, is a foundation for developing the next generation of servant leaders.

Read more

Alumni Updates

Do you have life updates you'd like to share with our community? Fill out the form below.

Share an update

Celebrating One Year on BrightCrowd: Help us Reach 600!

One year ago, we launched our Caldwell Fellows community on BrightCrowd. We now have 537 active users connecting across generations. This isn't social media—it's a directory for staying in touch.

Our Goal: Reach 600 users by August 31. If someone in your cohort hasn't joined, please encourage them to sign up.

This past year has shown the value of our dedicated space—meaningful connections and continued exchange of ideas reflecting our servant leadership principles.

Ready to join?

- Visit: https://ncsu.brightcrowd.com/caldwell-fellows
- Complete your profile
- Start exploring connections

Questions? Contact ncstatealumni@ncsu.edu or call 800-627-2586.

Let's hit our goal together!

Bright crowd

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Caldwell Fellows Program

https://caldwellfellows.ncsu.edu/

Campus Box 7121 1115 Pullen Hall Raleigh, NC 27695

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